

IBS

Chronic constipation, diarrhea, abdominal discomfort, and bloating are often placed under the umbrella of IBS, or irritable bowel syndrome. Sometimes, there are underlying causes of IBS that go undetected by conventional testing: Food allergies, maldigestion, parasites, yeast, bacterial imbalances, and inflammation can all contribute to IBS. Identifying these abnormalities through Genova's testing allows your clinician to make treatment adjustments that can improve your symptoms.

Do You Suffer from Any of the Following Symptoms?



If So. Talk to Your Doctor Today.

Genova testing provides comprehensive information that can be used for the development of a personalized treatment plan. Symptoms often improve when identified functional imbalances and inadequacies return to normal through targeted approaches to diet, lifestyle, and supplements.

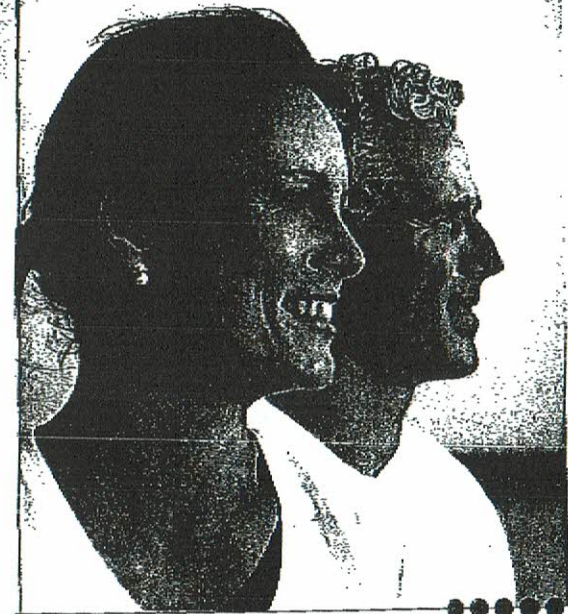
For more information on our testing, please visit www.gdx.net and ask your clinician if one of our testing options is right for you.

GENOVA
DIAGNOSTICS

www.gdx.net • 800.522.4762

www.gdx.net/UK • +44 (0)20 8336 7750

Uncover the Cause of Your Gastrointestinal Symptoms



Gastrointestinal Testing

GENOVA



Digestive problems are one of the most common reasons people seek medical advice.

GI GI Effects
Stool Profiles **CDSA** 2.0

Stool Testing

The **GI Effects Comprehensive Stool Profile** and the **Comprehensive Digestive Stool Analysis 2.0 (CDSA2.0)** provide data on inflammation and how well you digest and absorb the food you eat. Additionally, the profiles provide a detailed picture regarding the balance of yeast, parasites, and healthy and unhealthy bacteria that live in our large intestine. This bacterial population is called the microbiome.

Many patients do not realize that in addition to gastrointestinal complaints, systemic diseases can be linked to the GI tract. Improving the health of your gut may improve your overall health.

Small Intestinal
Bacterial Overgrowth (SIBO)
GASTROINTESTINAL

Breath Testing

Small Intestinal Bacterial Overgrowth (SIBO) is a condition that results in excessive bloating and gas, especially after meals, as well as other IBS symptoms.

Genova's non-invasive SIBO breath test can detect the gases that are produced by the bacteria. Treatment often involves eliminating the overgrowth with antibiotics, herbal supplements, and/or a specialized diet.

Genova offers a **2 or 3-hour SIBO assessment**. The 3-hour SIBO profile provides insight into gas levels over a longer period of time, and is recommended for patients with slower gastrointestinal transit or constipation.

Food Antibodies
IMMUNOLOGY

Food Sensitivity, Food Allergy, and Celiac and Gluten Sensitivity Testing

IBS symptoms can be triggered by certain foods. Clinicians may choose to prescribe an elimination diet to determine which foods are triggers, or they may choose to run a **Food Antibody or Celiac and Gluten Sensitivity blood test**.

Identifying specific foods that trigger a reaction can help you and your clinician create a tailored menu-plan. Celiac Disease is a serious condition involving a damaged small intestinal lining and patients must follow a strict gluten-free diet.